

# BIN IT DON'T FLUSH

A staggering **2.4 million\*** tampons are being flushed down toilets in the UK daily, leading to blocked sewers and environmental damage.

## Please do not flush:

Wipes

Tampons

Nappies

Sanitary pads

Paper towels

Incontinence products

## #BeTheWaveOfChange

\*phs Less Flushing, More Discussing whitepaper



Less Flushing,  
More Discussing!

